

ABSTRACT

A probiotic composition and method for the treatment of gastrointestinal disorders, hyperlipidemia and autoimmune diseases. The probiotic composition comprises a culture having *Lactobacillus bulgaricus* and *Streptococcus thermophilus* lactic acid bacteria and a carbohydrate enriched media, whereby the culture and media are combined and allowed to ferment until a desired ratio of the *Lactobacillus bulgaricus* and *Streptococcus thermophilus* organisms as well as a desired number of total organisms per dose are achieved.

INDY 1321832v1